



## SPRING / SUMMER 2021

### REGISTRATION:

Residents: April 5<sup>th</sup>

Non Residents: April 8<sup>th</sup>

Session: April 26<sup>th</sup> - August 29<sup>th</sup>

POND AND POOL REGISTRATION WILL BE AT A LATER DATE.

### PLEASE NOTE:

This Program Book was created in February.

Due to the uncertainty of COVID-19 guidelines between February and the end of August, this book is subject to change.

Please refer to our website and Facebook Page for updated information. Pond and Pool information will be published at a later date.

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# Welcome to Medford Recreation

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Follow us on Facebook@  
MedfordMARecreation to  
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new programs that might have  
missed our program book.

## MEDFORD YOUTH SPORTS ORGANIZATIONS



MEDFORD YOUTH SOCCER  
Website: medfordsc.org  
Email: mys.medfordsc@gmail.com



MEDFORD YOUTH HOCKEY  
Website: medfordrechockey.com  
Email: info@medfordrechockey.com



MEDFORD JR. MUSTANGS  
Website: medfordjrmustangs.com  
Email: jrmustangsmedford@gmail.com



MEDFORD YOUTH  
GIRLS SOFTBALL (MYGS)  
Website: tshq.bluesombrero.com/mygs  
Email: medforyouthsoftball1@gmail.com



MEDFORD YOUTH BASEBALL  
Website: medfordbaseball.com



MEDFORD YOUTH LACROSSE  
Website: medforyouthlacrosse.com  
Email: medforyouthlacrosse@gmail.com

**PLEASE NOTE:** This book is being created in February. Due to the uncertainty of COVID-19 and the State's guidelines for the Spring & Summer, this book is subject to change. Please follow us on Facebook or visit our website for updated information.

# Registration Information

## HOW TO REGISTER FOR PROGRAMS:

### Online (preferred method):

Create an account on [www.MedfordRecreation.org](http://www.MedfordRecreation.org). Please allow up to 48 hours for your account to be approved. After approval, you may register for any Medford Recreation program online. Payment must be made by debit or credit card. Please note: there is a 3% charge on all online orders.

### CANCELLATION:

During the School year, if Medford Public Schools are closed due to weather, Recreation programs will also be cancelled. All other closures of facilities and programs will be posted on the Medford Recreation website and Facebook page. When possible, email blasts will be sent out to the people effected by the closure. For programs that are scheduled to be located outdoors, Medford Recreation will attempt to move the programs inside during inclement weather. If an indoor location is not available, class will be cancelled. Please view our refund policy for when the Recreation Department will issue credits when a class is cancelled due to inclement weather.

### LOW ENROLLMENT:

All program enrollments, unless noted in the description will be evaluated one week prior to the start of class. If a program needs to be cancelled due to low enrollment, you will be notified via email within six days of the start of class.

### REFUND POLICY:

1. Programs under \$20 will not be refunded.
2. Six days prior to a program, the Recreation Department will assess participation numbers. If the minimum enrollment is not met, participations will be notified by email (email is sent to the address you have on your household account) the class is cancelled and will be issued a refund.
3. If a participant wishes to cancel a program, they will receive a credit to their account to be applied for a future Recreation activity. All credits must be used within one year.
4. To receive a full credit when cancelling a Recreation program, the participant must request to withdraw from the class within 7 days prior to the first class and must be in writing. Cancellation requests can be sent to [medfordrecreation@medford-ma.gov](mailto:medfordrecreation@medford-ma.gov).
5. Participants who cancel after 7 days, but before the first class, will receive a 50% credit to their account.
6. After the start of the first class, only credits will be issued for medical reasons.
7. Facility Memberships will not be prorated due to facility closures.

### RESIDENT / NON RESIDENT POLICY:

Medford Recreation will offer programs and services that accomidates both residents and nonresidents. However, when services are in high demand, non-resident participation is not permitted. Programs and services that can accomidate nonresidents are assessed a non-resident fee above the resident rate. The increase percentage rate will be determined based on history of the program, program demand, and fair market value of the servies.

For many of our programs, residency will be determined when creating a household account from the Recreation Department. With a Medford address as the permanent address, you will automatically be considered a resident. If you resently moved into the reidency or another person has created an account already using the address, you will need to contact the Recreation Department to show proof of residency before creating an account. The Recreation Department reserves the right to ask the primary account holder to show prrof of residency by presenting a current utility bill if necessary. With the high demand of Wright's Pond, residency is determined by presenting documentation each year. Property and business owners are not considered a resident if they do not live in Medford.





# SUMMER EMPLOYMENT

During the Summer; the City employs over 70 seasonal employees for Wright’s Pond, Tufts Pool, and our summer programs. We are currently hiring Lifeguards, Bathhouse Attendants, and Park Rangers for the 2021 season. Applications can be found online at [medfordma.org](http://medfordma.org). For more information, please contact the Recreation Department.

## Position Summary

**LIFEGUARD**- Must be age 16 or older and possess an American Red Cross lifeguard certification (or equivalent). All lifeguards will be expected to work beginning the day after Medford High School is on Summer vacation. Nights and weekends required. All new applicants are expected to work July 4th. Employees will be scheduled 30-35 hours per week.

**BATHHOUSE ATTENDENT**- This position maintains the cleanliness of the facilities at the pond and pool. Duties include cleaning the bathrooms, empty the trash, and mop the floors. Must be age 14 or older. All bathhouse attendants will be expected to work beginning the day after Medford High School is on Summer vacation. Nights and weekends required. All new applicants are expected to work July 4th. Employees will be scheduled 30-35 hours per week.

**PARK RANGER** - This position checks in members at the pond and pool and assists lifeguards with enforcing the facility rules. Must be age 18 or older. All Park Rangers will be expected to work beginning the day after Medford High School is on Summer vacation. Nights and weekends required. All new applicants are expected to work July 4th. Employees will be scheduled 20-40 hours per week.



Interested in becoming a lifeguard? We offer \$50 Lifeguard Training Classes in June for potential applicants. For more information, please contact Kevin Bailey at [kbailey@medford-ma.gov](mailto:kbailey@medford-ma.gov)

## Toddler & Preschool Programs and Activities

### TREASURE HIKES

Are you ready for an adventure! Join our Recreation staff as parents and children hike the Wright’s Pond Trail and look for keys to open our treasure chest. We will discover new treasure each time in our chest and walk back to the beach to enjoy a nut free snack and water.



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Treasure Hike	3-6	Sat	4/24	10:00am-11:00am	Wright’s Pond	Resident: \$5 Drop In
Treasure Hike	3-6	Sat	5/15	10:00am-11:00am	Wright’s Pond	Resident: \$5 Drop In
Treasure Hike	3-6	Th	6/3	2:00pm-3:00pm	Wright’s Pond	Resident: \$5 Drop In
Treasure Hike	3-6	Sat	7/10	9:00am-9:45am	Wright’s Pond	Resident: \$5 Drop In
Treasure Hike	3-6	Sun	8/8	9:00am-9:45am	Wright’s Pond	Resident: \$5 Drop In

### LITTLE BIKERS

Children ages 2-4 will practice how to properly balance and prepare for bike riding. Each week we will progressively transition from a tricycle, scooter, and balance bike. Each class, obstacle courses will be set up in the basketball court, along with fun games to learn bicycle safety.

ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Little Bikers	2-4	Tue (5 classes)	4/27-5/25	2:00pm-2:45pm	Tufts Park	Resident: \$25 Non-Resident: \$50
Little Bikers	2-4	Th (5 classes)	4/29-5/27	1:30pm-2:15pm	Tufts Park	Resident: \$25 Non-Resident: \$50
Little Bikers	2-4	Sat (4 classes)	5/1-5/22	10:00am-10:45am	Tufts Park	Resident: \$20 Non-Resident: \$40

# Toddler & Preschool Programs and Activities

## TODDLER FLOOR HOCKEY

This program introduces children to the fundamental hockey principles such as stick holding, passing, shooting, and basic rules of the game. Through fun games and positive reinforcement, respect, and teamwork, this floor hockey program will provide children with an opportunity to be challenged through fun games and team interactions.



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Toddler Hockey (Spring)	2-3	Fri (5 classes)	4/30-5/28	9:00am-9:45am	Tufts Park	Resident: \$40 Non-Resident: \$50
Toddler Hockey (Spring)	2-3	Sat (4 classes)	5/1-5/22	11:15am-12:00pm	Tufts Park	Resident: \$32 Non-Resident: \$40
Toddler Hockey (Summer)	2-3	Th (6 classes)	7/15-8/19	9:00am-9:45am	Tufts Park	Resident: \$48 Non-Resident: \$60

## PRESCHOOL FLOOR HOCKEY

This program introduces children to the fundamental hockey principles such as stick holding, passing, shooting, and basic rules of the game. Through fun games and positive reinforcement, respect, and teamwork, this floor hockey program will provide children with an opportunity to be challenged through fun games and team interactions.

ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Preschool-Hockey (Spring)	4-5	Fri (5 classes)	4/30-5/28	10:15am-11:00am	Tufts Park	Resident: \$40 Non-Resident: \$50
Preschool Hockey (Spring)	4-5	Sat (4 classes)	5/1-5/22	12:30pm-1:15pm	Tufts Park	Resident: \$32 Non-Resident: \$40
Preschool Hockey (Summer)	4-5	Th (6 classes)	7/15-8/19	10:15am-11:00am	Tufts Park	Resident: \$48 Non-Resident: \$60

# Toddler & Preschool Programs and Activities

## LITTLE PAINTERS

Each week, kids ages 2-5 can get creative with different painting projects that may include ceramics, suncatchers, birdhouses, and more. Best of all, you can leave the cleaning to us!



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Little Painters (Spring)	2-5	Fri (5 classes)	4/30-5/28	12:30pm-1:15pm	Tufts Park	Resident: \$40 Non-Resident: \$50

## TENNIS WITH SKYHAWKS

Grab your tennis racket and get ready to play!

Whether you're a beginner, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Each player is given personal attention and taught through repetition in an enjoyable, lively atmosphere. Skyhawks Sports tennis breaks down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play.



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Tennis with Skyhawks	4-6	Wed (8 classes)	7/7-8/25	4:00pm-4:45pm	Dugger Park	Resident: \$96 Non-Resident: \$120



# Toddler & Preschool Programs and Activities

## TODDLER & PRESCHOOL SOCCER

This program introduces children to fundamental principles such as passing, shooting and basic rules of the game. Through fun games, positive reinforcement, respects and teamwork, this soccer program will provide children with an opportunity to be challenged through fun games and team interactions.  
Instructor: John Teves



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Toddler Soccer (Spring)	2-3	Mon (5 classes)	4/26-5/24	9:00am-9:45am	Tufts Park	Resident: \$40 Non-Resident: \$50
Toddler Soccer (Spring)	2-3	Wed (5 classes)	4/28-5/26	9:00am-9:45am	Tufts Park	Resident: \$40 Non-Resident: \$50

ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Preschool Soccer (Spring)	4-5	Mon (5 classes)	4/26-5/24	10:15am-11:00am	Tufts Park	Resident: \$40 Non-Resident: \$50
Preschool Soccer (Spring)	4-5	Wed (5 classes)	4/28-5/26	10:15am-11:00am	Tufts Park	Resident: \$40 Non-Resident: \$50

# Youth Programs & Activities

## CO-ED LACROSSE CLINIC

In this Co-Ed Lacrosse Clinic, Coach Kate Quinn will teach children the basics of lacrosse including shooting, passing, and craddeling the ball. The Recreation Department can loan lacrosse sticks (boys and girls) but you may choose to bring your own. Mouth guards will be givin on the first day of class. Athletes must provide their own eye protection.



ACTIVITY	GRADE	DAYS	DATES	TIMES	LOCATION	FEES
CO-Ed Lacrosse Clinic	3-6	Tue (5 classes)	4/27-5/25	3:30pm-4:30pm	Tufts Park	Resident: \$\$40 Non-Resident: \$50

## BASKETBALL CLINIC

In this fun basketball clinic, our Instructor Odson will run drills and conditioning to improve your game. If COVID rules allows, scrimmages will be incorporated in the clinic.



ACTIVITY	GRADE	DAYS	DATES	TIMES	LOCATION	FEES
Basketball Clinic	K-2	Th (5 classes)	4/29-5/27	3:30pm-4:15pm	Tufts Park	Resident: \$40 Non-Resident: \$50
Basketball Clinic	3-5	Th (5 classes)	4/29-5/27	4:30pm-5:15pm	Tufts Park	Resident: \$40 Non-Resident: \$50
Basketball Clinic	6-8	Th (5 classes)	4/29-5/27	5:30pm-6:15pm	Tufts Park	Resident: \$40 Non-Resident: \$50

## GRADE SCHOOL FLOOR HOCKEY

This program introduces children to street hockey such as passing, shooting and the rules of the game. Through fun games, positive reinforcement, respect, and teamwork, this hockey program will create an opportunity to be challenged and have fun.



ACTIVITY	GRADE	DAYS	DATES	TIMES	LOCATION	FEES
Grade School Hockey	K-3	Saturday (4 classes)	5/1-5/22	1:45pm-2:30pm	Tufts Park Basketball Court	Resident: \$32 Non-Resident: \$40

## Youth Programs & Activities

### BEGINNERS GOLF

Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. As we know, golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body positioning. To assist in this training, Skyhawks utilizes the ShortGolf® system which uses modified equipment and a curriculum developed by PGA professionals. ShortGolf is specifically designed for the entry-level player and simplifies instruction so that young players can make an easy & effective transition onto the golf course. No need to bring your own clubs, all equipment is provided.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Beginners Golf (Spring)	5-8	Th (5 classes)	4/29-5/27	6:00pm-7:00pm	Tufts Park (Field 4)	Resident: \$75 Non-Resident: \$85
Beginners Golf (Summer)	5-8	Fri (7 classes)	7/9-8/20	6:00pm-7:00pm	Tufts Park (Field 4)	Resident: \$105 Non-Resident: \$119

### PARKOUR

This class is for children of all ability and fitness levels, and will include instruction in the basic movements and techniques of parkour, as well as exercises designed to improve general fitness and ensure the long-term practice of practice of parkout. Classes will focus on exploring and moving within one's coordination, strength, spacial awareness, and flexibility while having fun. All classes are taught by ADAPT certified coaches. What to bring-Comfortable athletic clothing and a water bottle. Instructor: Parkour Generations.



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Parkour (Spring)	8-12	Th (5 classes)	4/29-5/27	3:30pm-4:30pm	Tufts Park (playground)	Resident: \$90 Non-Resident: \$125
Parkour (Spring)	6-10	Tue (5 classes)	4/27-5/25	3:30pm-4:30pm	Tufts Park (playground)	Resident: \$90 Non-Resident: \$125
Parkour (Spring)	6-10	Th (5 classes)	4/29-5/27	6:00pm-7:00pm	Tufts Park (playground)	Resident: \$90 Non-Resident: \$125

## Youth Programs & Activities

### TENNIS WITH SKYHAWKS

Grab your tennis racket and get ready to play! Whether you're a beginning, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. All equipment will be provided. Please bring a water bottle to each class.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Tennis with Skyhawks	7-9	Wed (5 classes)	4/28-5/26	5:00pm-5:45pm	Morrison Park	Resident: \$75 Non-Resident: \$75
Tennis with Skyhawks	10-12	Wed (5 classes)	4/28-5/26	6:00pm-6:45pm	Morrison Park	Resident: \$75 Non-Resident: \$75
Tennis with Skyhawks	7-9	Wed (8 classes)	7/7-8/25	5:00pm-5:45pm	Dugger Park	Resident: \$120 Non-Resident: \$136
Tennis with Skyhawks	10-12	Wed (8 classes)	7/7-8/25	6:00pm-6:45pm	Dugger Park	Resident: \$120 Non-Resident: \$136

### FAMILY FISHING CLINIC

In this newly created clinic, families will be introduced to fishing. We will teach children how to cast a fishing pole, bait a worm, and reel in a fish! We will provide all the fishing poles and bait, you provide the fun!

**IMPORTANT:** If you are attending this event and are over the age of 18, you need a fishing license to fish. If you come and help your child(ren) fish, you do not need a license. But the moment you take the rod and cast out into the water, a license is required. You can purchase online at <https://www.ma.wildlifelicense.com/Internetsales/IS/Customr/InternetCustomerSearch>



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Fishing Clinic	All	Sat	4/24	12:00pm-1:30pm	Wright's Pond	Resident: \$10
Fishing Clinic	All	Sat	5/15	12:00pm-1:30pm	Wright's Pond	Resident: \$10
Fishing Clinis	All	Th	6/3	4:00pm-5:30pm	Wright's Pond	Resident: \$10



## Youth Programs & Activities

### ARCHERY FOR CHILDREN

Sign up for archery classes and experience the exhilarating feel of shooting a bow and arrow! Our passionate and energetic instructors modernize this timeless Olympic sport and give it a fresh and enthusiastic twist to keep you challenged and engaged throughout the entire course. Each week learn something new while focusing on the form more than results. All equipment is provided. All skill levels welcome. Lessons provided by "On the Mark" Archery.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Archery for Children	10-18	Wed (4 classes)	4/28-5/19	6:30pm-7:15pm	Rec Ctr	Resident: \$100 Non-Resident: \$120
Archery for Children	10-18	Wed (4 classes)	6/2-6/23	6:30pm-7:15pm	Rec Ctr	Resident: \$100 Non-Resident: \$120

### GIRLS ON THE RUN

Girls on the Run is an after-school program designed to inspire girls of all abilities to recognize and embrace their inner strength. Lessons emphasize the important connection between physical and emotional health. Through safety modifications and virtual programming, dedicated and trained staff are ready to adapt to local community needs. At the end of the program, girls complete a 5K, which provides a tangible sense of accomplishment, setting a confident and goal-oriented mindset into motion. Partial and full financial assistance is available.



Registration for Girls on the Run can be completed on their website [www.girlsontherunboston.org](http://www.girlsontherunboston.org)

ACTIVITY	GRADE	DAYS	DATES	TIMES	LOCATION	FEES
Girls on the Run	3-5	M & W	3/29-6/2	4:30pm-6:00pm	Tufts Park	Resident: \$ 225 Non-Resident: \$225
Girls on the Run	3-5	T & Th	3/30-6/3	2:30pm-4:30pm	Hickey Park	Resident: \$225 Non-Resident: \$225

## Youth Programs & Activities

### PREMIER HOOPS

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Premier Hoops (Spring I)	6-10	Mon (4 classes)	4/5-4/26	3:20pm-4:10pm	Dugger Park	Resident: \$120 Non-Resident: \$160
Premier Hoops (Spring I)	10-15	Mon (4 classes)	4/5-4/26	4:15pm-5:05pm	Dugger Park	Resident: \$120 Non-Resident: \$160
Premier Hoops (Spring II)	6-10	Mon (4 classes)	5/3-5/24	3:20pm-4:10pm	Dugger Park	Resident: \$1250 Non-Resident: \$160
Premier Hoops (Spring II)	10-15	Mon (4 classes)	5/3-5/24	4:15pm-5:05pm	Dugger Park	Resident: \$120 Non-Resident: \$160
Premier Hoops All Girls (Spring I)	6-10	Wed (4 classes)	5/5-5/26	6:00pm-6:50pm	Dugger Park	Resident: \$120 Non-Resident: \$160
Premier Hoops All Girls (Spring I)	10-15	Wed (4 classes)	5/5-5/26	7:00pm-7:50pm	Dugger Park	Resident: \$120 Non-Resident: \$160
Premier Hoops All Girls (Spring II)	6-10	Wed (4 classes)	6/2-6/23	6:00pm-6:50pm	Tufts Park	Resident: \$120 Non-Resident: \$160
Premier Hoops All Girls (Spring II)	10-15	Wed (4 classes)	6/2-6/23	7:00pm-7:50pm	Tufts Park	Resident: 120 Non-Resident: \$160

#### SUMMER PROGRAMS

Premier Hoops	6-10	T-Th	6/29-7/1	4:00pm-5:25pm	Tufts Park	Resident: \$90 Non-Resident: \$110
Premier Hoops	10-15	T-Th	6/29-7/1	5:30pm-6:55pm	Tufts Park	Resident: \$90 Non-Resident: \$110
Premier Hoops	6-10	M-W	7/12-7/14	9:00am-10:55am	Tufts Park	Resident: \$149 Non-Resident: \$175
Premier Hoops	10-15	M-W	7/12-7/14	11:00am-12:55pm	Tufts Park	Resident: \$149 Non-Resident: \$175
Premier Hoops	6-10	T-Th	7/27-7/29	4:00pm-5:25pm	Tufts Park	Resident: \$90 Non-Resident: \$110
Premier Hoops	10-15	T-Th	7/27-7/29	5:30pm-6:55pm	Tufts Park	Resident: \$90 Non-Resident: \$110
Premier Hoops	6-10	M-W	8/16-8/18	9:00am-10:55pm	Tufts Park	Resident: \$149 Non-Resident: \$175
Premier Hoops	10-15	M-W	8/16-8/18	11:00am-12:55pm	Tufts Park	Resident: \$149 Non-Resident: \$175

## Youth Programs & Activities

### NINJA WARRIORS BY VIKINGS SPORTS

Viking's Ninja Warrior might be the best thing since sliced bread. Its the perfect blend of fitness, competition, and fun that keeps everyone engaged. Vikings created a variety of Ninja Warrior obstacles geared around agility, strength, and balance. When put together, they make a diverse Ninja Warrior course that kids love to go through. Athletes will find themselves leaping from an ascending plyo boxes, bounding between quintuple steps, and even scaling the wall located in our ENORMOUS obstacle bounce house!

Every aspect of Viking's Ninja Warrior is flat out fun!



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Ninja Warriors	5-7	Th (8 classes)	7/8-8/26	6:00pm-7:30pm	Tufts Park	Resident: \$200 Non-Resident: \$240

### ALL ABOUT ROBOTICS & CIRCUIT MAKERS

Circuit Lab is offering two great classes back to back the last week of Summer. Participants can chose to register for one class for half day activities or register for the two classes to make it a full day option. Children who register for both programs will have a supervised lunch break from 12pm-1pm inside the gym with Recreation staff. This class will be cancelled two weeks from the start of class if there is low enrollment.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
All About Robotics	7-10	M-F	8/23-8/27	9:00am-12:00pm	Medford Rec Center	Resident: \$165 Non-Resident: \$175
Circuit Makers	7-10	M-F	8/23-8/27	1:00pm-4:00pm	Medford Rec Center	Residnet: \$165 Non-Resident: \$175
Both Activities	7-10	M-F	8/23-8/27	9:00am-4:00pm	Medford Rec Center	Resident: \$300 Non-Resident: \$350

## Youth Programs & Activities

### LET'S CREATE

In this arts & crafts program, children will use their creativity each week to complete a new art project. Projects that may include ceramics, paintings, sketches, and jewellery making.



ACTIVITY	GRADE	DAYS	DATES	TIMES	LOCATION	FEES
Let's Create!	K-3	Tuesday (4 classes)	4/27-5/18	6:00pm-7:00pm	Tufts Park	Resident: \$40 Non-Resident: \$50

### PUDDLESTOMPERS

Explore the wonders of nature with your young naturalist! Learn who is buzzing in the air and how animals keep cool in the heat. Investigate who is a sun love and who prefers to stay on the shady forest floor. Weekly classes include a hands-on nature exploration, active movement and play, snack and story. Exceptions to age groupings may be granted by PUDDLESTOMPERS to allow siblings to take class together.



ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEES
Puddlestompers	2-5	Wednesday (5 classes)	4/28-5/26	9:30am-10:25am	Wright's Pond	Resident: \$140 Non-Resident: \$140
Puddlestompers	2-5	Wednesday (5 classes)	4/28-5/26	10:35am-11:30am	Wright's Pond	Resident: \$140 Non-Resident: \$140



## Adaptive Programs

### ADAPTIVE BOCCE

Partnering with the Belmont Recreation S.P.O.R.T. program, this newly created adaptive bocce class is designed for older children and adults to meet new friends and learn how to play bocce.

ACTIVITY	AGES	DAYS	DATES	TIMES	LOCATION	FEEs
Adaptive Bocce	5-14	Wed (5 classes)	4/28-5/26	4:00pm-4:45pm	Bocce Courts	Resident: \$40 Non-Resident: \$40
Adaptive Bocce	15+	Wed (5 classes)	4/28-5/26	5:00pm-5:45pm	Bocce Courts	Resident: \$40 Non-Resident: \$40

### ADAPTIVE FISHING

In this newly created clinic, Families will be introduced to fishing. We will teach children how to cast a fishing pole, bait a worm, and reel in a fish! We will provide all the fishing poles and bait, you provide the fun!

**IMPORTANT:** If you are attending this event and are over the age of 18, you need a fishing license to fish. If you come and help your child(ren) fish, you do not need a license. But the moment you take the rod and cast out into the water, a license is required. You can purchase online at <https://www.ma.wildlifelicense.com/Internetsales/IS/Customer/InternetCustomerSearch>

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEEs
Adaptive Fishing	5+	Sat	5/22	10:00am-11:30am	Wrights Pond	Resident: \$10 Non Resident: \$10

### ADAPTIVE SWIM LESSONS

In this newly created adaptive swim lesson program, lead by Mary Judge, we will be working with children in both group and individual practices to improve swimming ability. In the beginning and end of each class, everyone will work as a group to warm up, stretch, and practice basic skills such as kicking and floating. In the middle of the class, the group will be broken up to individual or small groups to work on swimming skills specific to their goals. For questions about this program, please contact Kate Quinn at [kquinn@medford-ma.gov](mailto:kquinn@medford-ma.gov)

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEEs
Adaptive Swim Lessons	5-14	Th (6 classes)	7/8-8/12	5:15pm-6:15pm	Tufts Pool	Resident: \$35

## Adult & Senior Programs

### PICKLEBALL

Play one of the fastest growing sports in America! This fun and social sport is quickly growing popularity and is a great way for adults to stay active. If you have never seen pickleball before, the best way to describe the game is a cross between tennis and ping pong.

The tennis courts at Victory Park are lined with pickleball courts for play. One court is for beginners while the other is for intermediate/advanced players. New players are welcomed and many of our veteran players will help teach you the game. Pickleball volunteers will set up and break down the pickleball nets during the time of play. If you would like to help volunteer, please contact Kevin Bailey at [kbailey@medford-ma.gov](mailto:kbailey@medford-ma.gov)

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	DROP IN FEEs
Pickleball (Spring)	All	Tue & Th	4/27-6/29	9:00am-11:00am	Victory Park	Resident: Free Non Resident: Free
Pickleball (Spring)	All	Saturday	5/1-6/26 *No class 5/29	8:30am-11:00am	Victory Park	Resident: Free Non Resident: Free
Pickleball (Summer)	All	Tue & Th	7/6-8/31	9:00am-11:00am	Victory Park	Resident: Free Non-Resident: Free
Pickleball (Summer)	All	Saturday	7/10-8/28	8:30am-11:00am	Victory Park	Resident: Free Non-Resident: Free



Adult & Senior Programs

### ARCHERY FOR ADULTS

Sign up for archery classes and experience the exhilarating feeling of shooting a bow and arrow! Our passionate and energetic instructors modernize this timeless Olympic sport and give it a fresh and enthusiastic twist to keep you challenged and engaged throughout the entire course. Each week learn something new while focusing on the form more than results. All equipment is provided. All skill levels welcome. Lessons provided by “On the Mark” Archery.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Archery for Adults	18+	Wed (4 classes)	4/28-5/19	7:45pm-8:30pm	Rec Ctr	Resident: \$100 Non Resident: \$120
Archery for Adults	18+	Wed (4 classes)	6/2-6/23	7:45pm-8:30pm	Rec Ctr	Resident: \$100 Non-Resident: \$120

### INTRODUCTION TO BOCCE

The City of Medford and the Medford Housing Authority has recently built bocce courts on 121 Riverside Ave, next the the Senior Center. In this class, Kate Quinn will teach new players how to play bocce including the rules of the game. Through social interaction with other participants, at the end of the class we hope you will continue to play the game with new friends. This program is free to Medford Residents but registration is required.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Intro to Bocce	All	Wed	4/28-5/26	12:00pm-1:00pm	Bocce Courts	Resident: Free Non Resident: \$20

Adult & Senior Programs

### ADULT TENNIS LESSONS WITH VIKINGS SPORTS

Whether you have never played tennis before or are a beginner player to improve, this program will offer instruction that is fun and social. We use a learn to play format so you can be ready to serve, rally and score at the end of the season.



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Tennis League-Beginner (Summer)	18 +	Tue	6/29-8/10	6:00pm-8:00pm	Dugger Park	Resident: TBD Non Resident: TBD

### SOCIAL TENNIS LEAGUE-RECREATIONAL

Social tennis leagues are a great opportunity for players to meet new people through the game of tennis. For the second year, this league will be offered in Medford as a way to improve your skills and play matches in a fun, social environment. Players are assigned a team and play doubles matches during the week season.



To sign up, go to [www.usta.com/newengland/socialtennisleague](http://www.usta.com/newengland/socialtennisleague)

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Tennis League-Recreational (Spring)	18 +	Tue	5/4-6/15	6:00pm-7:30pm	Playstead Park	Resident: TBD Non Resident: TBD
Tennis League-Recreational (Summer)	18 +	Tue	6/29-8/10	6:00pm-8:00pm	Playstead Park	Resident: TBD Non Resident: TBD



# City Nature Challenge

Invented by citizen science staff at the Natural History Museum of Los Angeles County (Lila Higgins) and California Academy of Sciences (Alison Young). The City Nature Challenge is an international effort for people to find and document plants and wildlife in cities across the globe. It's a bioblitz-style competition where cities are in a contest against each other to see who can make the most observations of nature, who can find the most species, and who can engage the most people.



The City Nature Challenge can be done on your own. Simply download the app below and begin submitting observations between April 30<sup>th</sup> and May 3<sup>rd</sup> ! If you prefer to be with other people, please take advantage of the following free nature walks using the iNaturalist App...

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	DROP IN FEES
City Nature Challenge Hike	All	Fri	4/30	3:00pm-4:00pm	Wright's Pond	Free but pre-registration required
City Nature Challenge Hike	All	Mon	5/3	3:30pm-4:30pm	Wright's Pond	Free but pre-registration required



## CREATE YOUR OWN iNATURALIST ACCOUNT

1. Visit iNaturalist.org
2. Download the app from the AppStore or Google Play
3. Sign In
4. Start sharing your observations
5. Get feedback from actual scientists, experts, and other naturalists

# Kids to Park Day

Organized by National Park Trust, the mission of Kids to Parks Day is to foster future outdoor enthusiasts and help with developing the next generation of park stewards by engaging kids in memorable outdoor experiences. While discovering and exploring our parks, kids learn about park stewardship, outdoor recreation, STEM and the history of our country and its amazing national treasures – because kids need parks and parks need kids!

To celebrate Kids to Parks Day, Medford Recreation will be offering a scavenger hunt at the following neighborhood playgrounds.

- |               |                    |                |
|---------------|--------------------|----------------|
| Barry Park    | Harris Park        | McNally Park   |
| Capen Park    | Hickey Park        | Morrison Park  |
| Carr Park     | Logan Park         | Playstead Park |
| Cummings Park | Magoun Park        | Tufts Park     |
| Dugger Park   | McGlynn Playground | Victory Park   |

Visit the Park after 10:00am on Saturday, May 15 and look for Medford Recreation water bottles hidden around the tot lot area. Once you find a bottle, please post and tag a photo on the Medford Recreation Facebook Page.

LOOKING FOR ANOTHER WAY TO CELEBRATE KIDS TO PARK DAY? SIGN UP FOR OUR TREASURE HIKE OR FISHING CLINIC SCHEDULED ON MAY 15<sup>TH</sup>!



Summer Half Day Sport Clinics

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
STEM & Play Basketball	7-12	M-F	6/21-6/25	9:00am-12:00pm	Tufts Park	Resident: \$170 Non-Resident:\$170
Flag Football	7-14	M-F	6/28-7/2	9:00am-12:00pm	Tufts Park	Resident: \$170 Non-Resident: \$170
Basketball	8-13	T-F	7/6-7/9	9:00am-12:00pm	Tufts Park	Resident: \$60 Non-Resident: \$80
Street Hockey (no skates)	10-14	M-TH	7/12-7/15	9:00am-12:00pm	Hormel Street Hockey Rink	Resident: \$60 Non-Resident: \$80
Soccer	6-10	M-F	7/19-7/23	9:00am-12:00pm	Tufts Park	Resident: \$150 Non-Resident: \$175
Girls Lacrosse	8-13	M-F	7/26-7/30	9:00am-12:00pm	Tufts Park	Resident: \$60 Non-Resident: \$80
Parkour	6-12	M-F	7/26-7/30	9:00am-12:00pm	Tufts Park	Resident: \$170 Non-Resident: \$200
Boys Lacrosse	8-13	M-F	8/2-8/6	9:00am-12:00pm	Tufts Park	Resident: \$60 Non-Resident: \$80
Tennis Clinic	4-6	M-Th	8/2-8/6	9:00am-11:00am	Dugger Park	Resident: \$130 Non-Resident: \$130
Tennis Clinic	7-12	M-Th	8/2-8/6	9:00am-12:00pm	Dugger Park	Resident: \$170 Non-Resident: \$170
Street Hockey (no skates)	10-14	M-TH	8/2-8/5	9:00am-12:00pm	Hormel Street Hockey Rink	Resident: \$60 Non-Resident: \$80
Beginners Golf	5-8	M-F	8/9-8/13	9:00am-12:00pm	Tufts Park	Resident: \$170 Non-Resident: \$170
Track	8-13	M-F	8/9-8/13	9:00am-12:00pm	Tufts Park	Resident: \$60 Non-Resident: \$80
Parkour	6-12	M-F	8/16-8/20	9:00am-12:00pm	Tufts Park	Resident: \$170 Non-Resident: \$200
Swimming	8-13	M-F	8/16-8/20	9:00am-12:00pm	Tufts Pool	Resident: \$60 Non-Resident: \$80
Soccer	6-10	M-F	8/23-8/27	9:00am-12:00pm	Tufts Park	Resident: \$150 Non-Resident: \$175
Parkour	6-12	M-F	8/23-8/27	9:00am-12:00pm	Tufts Park	Resident: \$170 Non-Resident: \$200

Summer Park Program

The Recreation Department is proud to offer a new Park Program! Located at Tufts Park, this Summer Program will run Monday-Friday from 8:30am-4:30pm for children ages 5-11. Pre-registration will be required. Spend the day swimming, playing games in the park, and creating crafts. Below is a sample outline of the day but will be altered depending on the groups interest and weather conditions.

Schedule Example

- 8:30am-9:00am

9:00am-10:00am

10:00am-10:30am

10:30am-11:30am

11:30am-12:00pm

12:00pm-1:00pm

1:00pm-2:00pm

2:00pm-3:00pm

3:00pm-3:30pm

3:30pm-4:00pm

4:00pm-4:30pm
- Check In / Group Meeting

Swim Lessons

Snack / Water Break / Sunblock

Field Games

Arts & Crafts

Lunch / Sunscreen / Board Games

Special Activity

Open Swim / Field Games

Snack / Water Break / Sunblock

Court Games

Clean Up / Pick Up



ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	FEES
Week 1	5-10	M-F	7/5-7/9	8:30am-4:30pm	Tufts Park	Resident: \$200
Week 2	5-10	M-F	7/12-7/16	8:30am-4:30pm	Tufts Park	Resident: \$200
Week 3	5-10	M-F	7/19-7/23	8:30am-4:30pm	Tufts Park	Resident: \$200
Week 4	5-10	M-F	7/26-7/30	8:30am-4:30pm	Tufts Park	Resident: \$200
Week 5	5-10	M-F	8/2-8/6	8:30am-4:30pm	Tufts Park	Resident: \$200
Week 6	5-10	M-F	8/9-8/13	8:30am-4:30pm	Tufts Park	Resident: \$200

FREE WEDNESDAY PARK PROGRAM

Every Wednesday, join Recreation Staff for free games, activities, and arts & crafts at Tufts Park . Please Note: This program is free but Pre-Registration is required.

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION
Kickball / Crafts	5-14	M-F	7/5-7/9	9:00am-12:00pm	Tufts Park
Wiffleball / Crafts	5-14	M-F	7/12-7/16	9:00am-12:00pm	Tufts Park
Soccer / Crafts	5-14	M-F	7/19-7/23	9:00am-12:00pm	Tufts Park
Street Hockey / Crafts	5-14	M-F	7/26-7/30	9:00am-12:00pm	Tufts Park
Soccer / Crafts	5-14	M-F	8/2-8/6	9:00am-12:00pm	Tufts Park
Flag Football / Crafts	5-14	M-F	8/9-8/13	9:00am-12:00pm	Tufts Park



# Movie Nights & Riverside Plaza

## FREE OUTDOOR MOVIE NIGHTS

Spend your Friday night with your family and community at our outdoor movie night series. All movies will begin at sun down. Please bring a blanket, drinks, and bug spray.



MOVIE	DAY	DATES	TIME	LOCATION
Aladdin	Fri	6/11	8:15pm	Condon Shell
A League of Their Own	Fri	7/16	8:00pm	Tufts Park
Tom & Jerry	Fri	8/20	7:40pm	Condon Shell

**PLEASE NOTE:** Due to COVID-19 restrictions, pre-registration and limited occupancy will be required. To help maintain social distancing, hula hoops will be spread throughout the field. Please find an empty hoola hoop to set up your lawn chairs and blankets.

Face Masks will be required to be worn.

# Bocce Courts

The City of Medford has recently built two bocce courts located on 121 Riverside Ave, behind the Medford Housing Authority. Thanks to Community Preservation funding, these courts were completed in October. For more information or to reserve court time, please contact the Recreation Department at [medfordrecreation@medford-ma.gov](mailto:medfordrecreation@medford-ma.gov) or (781) 393-2486

## INTRODUCTION TO BOCCE

In this class, Kate Quinn will teach new players how to play bocce including the rules of the game. Through social interaction with other participants, at the end of the class we hope you will continue to play the game with new friends. This class is free for Medford Residents but registration is required.

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	DROP IN FEES
Intro to Bocce	All	Wed	4/28-5/26	12:00pm-1:00pm	Bocce Courts	Resident: Free Non Resident: \$20

## PICK UP BOCCE

Do you want to play Bocce but need a partner? Come to the bocce courts the following times below to meet new people and play a pick up game of bocce. Equipment will be provided.

ACTIVITY	AGE	DAYS	DATES	TIMES	LOCATION	DROP IN FEES
Pick up Bocce	All	M & W	4/26-8/25 (no July 5)	10:00am-12:00pm	Bocce Courts	Resident: Free Non Resident: Free



## Condon Shell

The Condon Shell is located on 2501 Mystic Valley Parkway. It is owned by the Department of Conservation and Recreation (DCR) but is maintained and managed by The City of Medford. There are events happening all the time at the Shell. To view the calendar, please visit [MedfordRecreation.org](http://MedfordRecreation.org) and click on the calendar icon on the home page. If you would like to host an activity or event at the shell, please contact the Recreation Department for a permit.



## FARMERS MARKET

THURSDAYS | JUNE 3<sup>RD</sup> - OCTOBER 14<sup>TH</sup> 3:00PM-7:00PM

The Medford Farmers Market brings farmers, crafters, and other food producers to Medford. Each market includes live music and activities for all ages. For weekly updates, go to [www.medfordfarmersmarket.org](http://www.medfordfarmersmarket.org) and [facebook.com/medfordfarmersmarket](https://facebook.com/medfordfarmersmarket)

## Facilities

### BOCCE COURTS

121 RIVERSIDE AVE

The City of Medford and Medford Housing Authority built two new bocce courts on 121 Riverside Ave, behind the building. Individuals can use the bocce courts when desired but are asked to limit to a maximum of four hours per day. Permits are also available through the Recreation Department to reserve your spot. You can view the facility calendar on the Recreation website ([medfordrecreation.org](http://medfordrecreation.org)) and click on the calendar icon on the main page.



### CONDON SHELL

2501 MYSTIC VALLEY PARKWAY

The Condon Shell is located on 2501 Mystic Valley Parkway. It is owned by the Department of Conservation and Recreation (DCR) but is maintained and managed by The City of Medford. Events are happening all the time at the Shell. To view the Calendar, please visit [MedfordRecreation.org](http://MedfordRecreation.org) and click on the calendar icon on the home page. If you would like to host an activity or event at the shell, please contact the Recreation Department for a permit.



### MEDFORD RECREATION CENTER

30 FOREST STREET

This facility is where the Main Office is located for the Recreation Department. Programs are scheduled in the facility November-April. The facility is also home to the YMCA Afterschool and Summer Program.



### TUFTS OUTDOOR SWIMMING POOL

449 MAIN STREET

The outdoor pool is located at Tufts Park and is open seasonally beginning the last week of June to the end of August. The Main lobby remains open in September, October, May, and June while the recreation department offers programs at Tufts Park.



### WRIGHT'S POND

ELM STREET

Wright's Pond is open mid June to the end of August for swimming. You must be a Medford Resident to obtain a swimming pass. In early Fall and Late Spring, programs are scheduled at the pond including fishing, treasure hikes, and the Pumpkin Float.



If you would like to request a field permit for a City Park, please fill out a permit application which can be found on the City Website, under the Parks Division Page.