Vedford 02155 ecreation

SUMMER 2022

REGISTRATION:

Residents: May 9th

Non Residents: May 12th Session: June 1-September 1

PLEASE NOTE:

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This book is subject to change. Please refer to our website and Facebook Page for updated information.

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Welcome to Medford Recreation

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Recreation Facilities

MEDFORD YOUTH SPORTS ORGANIZATIONS



MEDFORD YOUTH SOCCER Website: medfordsc.org Email: mys.medfordsc@gmail.com



MEDFORD YOUTH HOCKEY Website: medfordrechockey.com Email: info@medfordrechockey.com



MEDFORD JR. MUSTANGS Website: medfordjrmustangs.com Email: jrmustangsmedford@gmail.com



MEDFORD YOUTH GIRLS SOFTBALL (MYGS)

Website: tshq.bluesombrero.com/mygs Email: medfordyouthsoftball1@gmail.com



MEDFORD YOUTH BASEBALL Website: medfordbaseball.com



MEDFORD YOUTH LACROSSE Website: medfordyouthlacrosse.com Email: medfordyouthlacrosse@gmail.com

T n n

Follow us on Facebook@ MedfordMARecreation to recieve the latest updates and new programs that might have missed our program book.

Registration Information

HOW TO REGISTER FOR PROGRAMS:

Online (prefered method):

Create an account on www.MedfordRecreation.org. Please allow up to to 48 hours for your account to be approved. After approval, you may register for any Medford Recreation program online. Payment must be made by debit or credit card.

<u>In-Person:</u>

After April School Vacation week, the Recreation Department will be moving their office to the Tufts Pool Lobby. Registration can be completed at Tufts Pool or Wright's Pond when it is open for the season. Times in May and June will vary. It is reccomended you call ahead before visiting the pool for registration.

CANCELLATION:

During the School year, if Medford Public Schools are closed due to weather, Recreation programs will also be cancelled. All other closures of facilities and programs will be posted on the Medford Recreation website and Facebook page. When possible, email blasts will be sent out to the people effected by the closure. For programs that are scheduled to be located outdoors, Medford Recreation will attempt to move the programs inside during incliment weather. If an indoor location is not available, class will be cancelled. Please view our refund policy for when the Recreation Department will issue credits when a class in cancelled due to inclement weather.

CANCELLATION NOTICE:

When the Recreation Department cancels a program or closes a facility, we will attempts to notify participants via. email. When creating a household account, you must select to opt into email notifications. When closures are unexpected, we will post an alert on the top page of our website (MedfordRecreation.org). The department reccomends participants check our website when their is questionable incliment weather.

LOW ENROLLMENT:

All program enrollment, unless noted in the description will be evaluated one week prior to the start of class. If a program needs to be cancelled due to low enrollment, you will be notified via email within six days of the start of class.

REFUND POLICY:

- 1. Programs under \$20 will not be refunded.
- 2. Six days prior to a program, the Recreation Department will assess participation numbers. If the minimum enrollment is not met, participations will be notified by email (email is sent to the address you have on your household account) the class is cancelled and will be issued a refund. Please allow up to three weeks for processing. Refunds will be given via check and will be mailed to your home from the Treasury Department.
- 3. If a participant wishes to cancel a program, they will recieve a credit on their account to be applied for a future recreation activity. All credits must be used within one year.
- 4. To recieve a full credit when cancelling a Recreation program, the participant must request to withdraw from the class within 7 days prior to the first class and must be in writing. Cancelation requests can be sent to

Registration Information

- 1. Participants who cancel after 7 days, but before the first class, will recieve a 50% credit to their account.
- 2. After the start of the first class, only credits will be issued for medical reasons.
- 3. Facility Memberships will not be prorated due to facility closures.

RESIDENT / NON-RESIDENT POLICY:

Medford Recreation will offer programs and services that accomodates both residents and non-residents. However, when services are in high demand, non-resident participation is not permitted. Programs and services that can accomidate non-residents are assessed a non-resident fee above the resident rate. The increase percentage rate will be determined based on history of the program, program demand, and fair market value of the servies.

For many of our programs, residency will be determined when creating a household account from the Recreation Department. With a Medford address as the permanent address, you will automatically be considered a resident. If you have recently moved into the residency or another person has created an account already using the address, you will need to contact the Recreation Department to show proof of residency before creating an account. The Recreation Department reserves the right to ask the primary account holder to show proof of residency by presenting a current utility bill if necessary. With the high demand of Wright's Pond, residency is determined by presenting documentation each year. Property and business owners are not considered a resident if they do not live in Medford.

NEWSLETTER INFORMATION:

The Recreation Department releases a weekly newsletter about upcoming events, activities, and important dates. To recieve our newsletter from Constant Contact, you must opt into email notifications from your household account.

Inclusion Services

The Medford Recreation Department Staff is comitted to making all reasonable efforts to ensure that its facilities, programs, and services are accessible to and usuable by all people, including individuals with diasbilities. People of all abilities are welcome to participate in all programs. This includes programs that are not labeled adaptive. Accommodations have successfully been made in programs such as S.A.G.A week, Summer Park Program, Basketball, Parkour, Street Hockey, and Running.

The following services are available with advanced notice. Some requests may take up to two weeks to secure.

Inclusion services are available by contacting Kate Quinn in the office and/or requesting accommodations using the Medford Recreation Inclusion and Accessability Services Request Form. Once a request has been recieved, a Recreation Staff Member will contact you.

ACCCOMMODATIONS INCLUDE:

- 1. Large Print, Braille Materials, or Readers
- 2. Service Animals Allowed in Program
- 3. Sign lanuage Interpreters
- 4. Adaptive Equipment
- 5. Program Modification

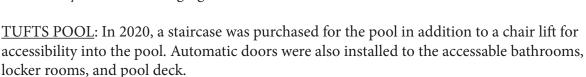
- 6. Resources and Information
- 7. Cue Cards
- 8. Individualized Activity Support
- 9. Extra Staff
- 10. Program Schedule

FACILITY ACCESSIBILITY:

The following equipment has been added to our facilities to increase accessibility

<u>WRIGHT'S POND</u>: During the season, DPW installs a Mobi-Mat: a rubber walkway. that lays ontop of the sand. This mat can be used for anyone who has difficulty moving on the sand. In addition to the mobi-mat, a beach wheelchair is stationed next to the bathhouse. This wheelchair is designed to go into the pond. Please check in with the

staff when you arrive. Changing benches are available in the accessible bathroom stall.



<u>LOCONTE RINK</u>: We are working closly with the Department of Conservation and Recreation (DCR) Universal Access Program to increase accessibilty at our ice rink. Accessible sleds and walkers are available for use during public and open skate times.

FOR MORE INFORMATION ABOUT FACILITY ACCESSIBILITY OR PROGRAM ACCOMMODATIONS, PLEASE CONTACT KATE QUINN AT KQUINN@ MEDFORD-MA.GOV OR (781) 393-2486









EMPLOYMENT OPPORTUNITIES

With five recreation facilities and close to 100 programs each season, the Recreation Department has multiple positions available that can be of interest to you. Below is some of the positions we are hir-

Tufts Pool and Wright's Pond:

- Lifeguards (must be Age 16 + and pass a Red Cross Lifeguard Class)
- Bath House Attendants (Age 14+)
- Park Ranger (Age 18+)

Recreation Programs:

- -Park Program Counselor (Age 16+)
- Program Supervisor (Age 18+)
- Program Instructor (Age 16+)

LoConte Rink:

- Zamboni Driver (Age 18+)
- Skate Shop / Rink Attendant (Age 14+)

Volunteer:

The Recreation Department relies on volunteers and program instructors to help assist participants in our adaptive programs. For details, please contact Kate Quinn at kquinn@medford-ma.gov



Last chance to become a lifeguard this Summer! For more information, please contact Kevin Bailey at kbailey@medford-ma.gov

Toddler & Preschool Programs and Activities

TREASURE HIKES

Are you ready for an adventure! Join our Recreation staff as parents and children hike the Wright's Pond Trail and look for keys to open our treasure chest. We will discover new treasure each time in our chest and walk back to the beach to enjoy a nut free snack and water.



| ACTIVITY | AGES | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------|------|------|-------|---------------|---------------|------------------------------|
| Treasure Hike | 3-6 | Sat | 7/9 | 9:00am-9:45am | Wright's Pond | Resident: \$5 (per child) |
| Treasure Hike | 3-6 | Fri | 7/22 | 9:00am-9:45am | Wright's Pond | Resident: \$5 (per child) |
| Treasure Hike | 3-6 | Mon | 8/8 | 9:00am-9:45am | Wright's Pond | Resident: \$5 (per child) |
| Treasure Hike | 3-6 | Wed | 8/17 | 9:00am-9:45am | Wright's Pond | Resident: \$5 (per child) |
| Treasure Hike | 3-6 | Sat | 8/20 | 9:00am-9:45am | Wright's Pond | Resident: \$5 (per child) |

LITTLE BIKERS

Children ages 2-4 will practice how to properly balance and prepare for bike riding. Each week we will progressively transition from a tricycle, scooter, and balance bike. Each class, obstacle courses will be set up in the basketball court, along with fun games to learn bicycle safety.

| ACTIVITY | AGES | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------|------|--------------------|----------|---------------|------------|--------------------------------------|
| Little Bikers | 2-4 | Tue (5 classes) | 7/12-8/9 | 6:00pm-6:45pm | Tufts Park | Resident: \$25 Non-Resident: \$50 |

Toddler & Preschool Programs and Activities

TODDLER FLOOR HOCKEY

This program introduces children to the fundamental hockey principles such as stick holding, passing, shooting, and basic rules of the game. Through fun games and positive reinforcement, respect, and teamwork, this floor hockey program will provide children with an opportunity to be challenged through fun games and team interactions.



| ACTIVITY | AGES | DAYS | DATES | TIMES | LOCATION | FEES |
|----------------------------|------|----------------|-----------|---------------|------------|--------------------------------------|
| Toddler Hockey (Summer) | 2-3 | Th (6 classes) | 7/14-8/18 | 9:00am-9:45am | Tufts Park | Resident: \$48 Non-Resident: \$60 |

PRESCHOOL FLOOR HOCKEY

This program introduces children to the fundamental hockey principles such as stick holding, passing, shooting, and basic rules of the game. Through fun games and positive reinforcement, respect, and teamwork, this floor hockey program will provide children with an opportunity to be challenged through fun games and team interactions.

| ACTIVITY | AGES | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------------------------|------|----------------|-----------|-----------------|------------|--------------------------------------|
| Preschool Hockey (Summer) | 4-5 | Th (6 classes) | 7/14-8/18 | 10:15am-11:00am | Tufts Park | Resident: \$48 Non-Resident: \$60 |

BEGINNERS GOLF CLINIC

One of Skyhawks most popular programs, this class will focus on building the confidence in young athletes through proper technique and refining the essential skills of the game. Skyhawks utilizes the ShortGolf system which uses modified equipment and a curriculum developed by PGA professionals.

| ACTIVITY | AGES | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------|------|------------------|----------|---------------|------------|--|
| Intro to Golf | 4-6 | F (8 classes) | 7/8-8/26 | 6:00pm-6:45pm | Tufts Park | Resident: \$120 Non-Resident: \$136 |

TENNIS WITH MEDFORD REC

Grab your tennis racket and get ready to play! Whether you're a beginner, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. All equipment will be provided. Please bring a water bottle to each class.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|----------------------------|-------|--------------------|-----------|---------------|-------------|--|
| Tennis with Medford Rec | 7-9 | Wed (8 classes) | 7/13-8/24 | 5:00pm-5:45pm | Dugger Park | Resident: \$105 Non-Resident: \$118 |
| Tennis with Medford Rec | 10-12 | Wed (8 classes) | 7/13-8/24 | 6:00pm-6:45pm | Dugger Park | Resident: \$105 Non-Resident: \$118 |

TENNIS CLINIC WITH DREW

Medford High School Tennis Coach Drew Hendrickson will be leading a tennis and ELA program that will offer fast-paced and fun tennis classes coupled with a reading and writing program led by a certified teacher. The tennis portion of the program will be fun, instructive and support teamwork and great sportsmanship. Students will learn all basic tennis skills, participate in team-based activities, and engage in healthy competitions every day. The reading and writing component will consist of silent and group reading and daily writing activities. Each student will have a journal where students will free write, respond to writing prompts, write poems, and engage in other writing activities. Financial aid is available. Please email dilboytennis@gmail.com for more information.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|-------------------------|------|------|-----------|----------------|-------------|--|
| Tennis Clinic with Drew | 7-13 | M-Th | 7/11-7/14 | 8:30am-12:30pm | Dugger Park | Resident: \$240 Non-Resident: \$260 |
| Tennis Clinic with Drew | 7-13 | M-Th | 7/18-7/21 | 8:30am-12:30pm | Dugger Park | Resident: \$240 Non-Resident: \$260 |
| Tennis Clinic with Drew | 7-13 | M-Th | 7/25-7/28 | 8:30am-12:30pm | Dugger Park | Resident: \$240 Non-Resident: \$260 |
| Tennis Clinic with Drew | 7-13 | M-Th | 8/1-8/4 | 8:30am-12:30pm | Dugger Park | Resident: \$240 Non-Resident: \$260 |
| Tennis Clinic with Drew | 7-13 | M-Th | 8/8-8/11 | 8:30am-12:30pm | Dugger Park | Resident: \$240 Non-Resident: \$260 |
| Tennis Clinic with Drew | 7-13 | M-Th | 8/15-8/18 | 8:30am-12:30pm | Dugger Park | Resident: \$240 Non-Resident: \$260 |

ARCHERY

Sign up for archery classes and experience the exhilirating feeling of shooting a bow and arrow! Our passionate and energetic instructors modernize this timeless Olympic sport and give it a fresh and enthusiastic twist to keep you challenged and engaged throughout the entire course. Each week learn something new while focusing on the form more than results. All equipment is provided. All skill levels welcome. Lessons provided by "On the Mark" Archery.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|----------|-----|--------------------|----------|---------------|----------|--|
| Archery | 10+ | Wed (4 classes) | 7/6-7/27 | 6:30pm-7:15pm | Rec Ctr | Resident: \$140 Non-Resident: \$160 |
| Archery | 10+ | Wed (4 classes) | 8/3-8/24 | 6:30pm-7:15pm | Rec Ctr | Resident: \$140 Non-Resident: \$160 |

INCLYOUSION SPORTS

Inclyousion Sports provides inclusive sports enrichment programs to children, using innovative behavioral methods to teach sports, fitness and social skills. This curriculum is designed so that the first four classes will focus on baseball and the last four will be soccer. These classes are fun and non-competitive, so that children can be successfully introduced to new sports and have opportunities to build friendships. Skill building can be modified for each child, so that children of all abilities can participate and be successful.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|-----------------------|------|--------------------|-----------|-----------------|-----------------------|--|
| Session I Baseball | 3-5 | Sun (4 classes) | 7/10-7/31 | 9:00am-9:50am | Tufts Park Field 3 | Resident: \$120 Non-Resident: \$130 |
| Session I Baseball | 5-7 | Sun (4 classes) | 7/10-7/31 | 10:00am-10:50am | Tufts Park Field 3 | Resident: \$120 Non-Resident: \$130 |
| Session I Baseball | 7-10 | Sun (4 classes) | 7/10-7/31 | 11:00am-11:50am | Tufts Park Field 3 | Resident: \$120 Non-Resident: \$130 |
| Session II Soccer | 3-5 | Sun (4 classes) | 8/7-8/28 | 9:00am-9:50am | Tufts Park Field 3 | Resident: \$120 Non-Resident: \$130 |
| Session II Soccer | 5-7 | Sun (4 classes) | 8/7-8/28 | 10:00am-10:50am | Tufts Park Field 3 | Resident: \$120 Non-Resident: \$130 |
| Session II Soccer | 7-10 | Sun (4 classes) | 8/7-8/28 | 11:00am-11:50am | Tufts Park Field 3 | Resident: \$120 Non-Resident: \$130 |

BEGINNERS GOLF CLINIC

One of Skyhawks most popular programs, this class will focus on building the confidence in young athletes through proper technique and refining the essential skills of the game. Skyhawks utilizes the ShortGolf system which uses modified equipment and a curriculum developed by PGA professionals.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--------------------------|-----|------|----------|---------------|-------------------------|---|
| Beginners Golf Clinic | 4-6 | Fri | 7/8-8/26 | 6:00pm-6:45pm | Tufts Park (Field 4) | Resident: \$120 Non-Residents: \$136 |
| Beginners Golf Clinic | 7-9 | Fri | 7/8-8/26 | 7:00pm-7:45pm | Tufts Park (Field 4) | Resident: \$120 Non-Resident: \$136 |

TRACK & FIELD WITH SKYHAWKS

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun! Using special equipment, our exercises and drills will prepare athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are all covered in this unique program. Participants will put it all together for one fun-filled day at the end of the week at the Skyhawks track meet!



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------|------|------|----------|---------------|-------------------|--|
| Track & Field | 7-12 | Fri | 7/8-8/12 | 3:30pm-5:00pm | Hormel Stadium | Resident: \$120 Non-Resident: \$120 |

NINJA WARRIORS BY VIKINGS SPORTS

Viking's Ninja Warrior might be the best thing since sliced bread. Its the perfect blend of fitness, competition, and fun that keeps everyone engaged. Vikings created a variety of Ninja Warrior obstacles geared around agility, strength, and balance. When put together, they make a diverse Ninja Warrior course that kids love to go through. Athletes will find themselves leaping from an ascending plyo boxes, bounding between quintuple steps, and even scaling the wall located in our ENORMOUS obstacle bounce house!



Every aspect of Viking's Ninja Warrior is flat out fun!

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|----------------|-----|----------------|----------|---------------|-------------------------|--|
| Ninja Warriors | 5-7 | Th (8 classes) | 7/7-8/25 | 6:00pm-7:30pm | Tufts Park (Field 4) | Resident: \$240 Non-Resident: \$260 |

ROBOT COMMANDERS & CIRCUIT MAKERS

Circuit Lab is offering two great classes back to back the last week of Summer. Participants can chose to register for one class for half day activities or register for the two classes to make it a full day option. Children who register for both programs will have a supervised lunch break from 12pm-1pm inside the gym with Recreation staff. This class will be cancelled two weeks from the start of class if there is low enrollment.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|-------------------------|------|------|-----------|----------------|-----------------------|--|
| Circuit Makers 101 | 7-10 | M-F | 8/22-8/26 | 9:00am-12:00pm | Medford Rec Center | Resident: \$185 Non-Resident: \$200 |
| Robot Commanders 101 | 7-10 | M-F | 8/22-8/26 | 1:00pm-4:00pm | Medford Rec Center | Residnet: \$185 Non-Resident: \$200 |
| Both Activities | 7-10 | M-F | 8/22-8/26 | 9:00am-4:00pm | Medford Rec Center | Resident: \$340 Non-Resident: \$360 |

Adaptive Programs

ADAPTIVE SWIM LESSONS

In this adaptive swim lesson program, lead by Kate Quinn, we will be working with children in both group and individual practices to improve swimming ability. In the beginning and end of each class, everyone will work as a group to warm up, stretch, and practice basic skills such as kicking and floating. In the middle of the class, the group will be broken up into individual or small groups to work on swimming skills specific to their goals. For questions about this program, please contact Kate Quinn at kquinn@medford-ma.gov

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--------------------------|------|----------------|----------|---------------|------------|----------------|
| Adaptive Swim Lessons | 5-14 | Th (6 classes) | 7/7-8/11 | 7:00pm-7:45pm | Tufts Pool | Resident: \$35 |

SENSORY FRIENDLY OPEN SWIM

Newly added to the Tufts Pool Schedule is Sensory Freindly Open Swim. This schedulded time is dedicated to children, adults, and their familes to attend open swim at Tufts Pool in a less crowded setting. Please attend the pool during this time if someone in your household has difficulty with sensory such as overloaded stimulation.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|-------------------------------|-----|------|-----------|---------------|------------|--|
| Sensory Friendly Open Swim | All | Sun | 7/10-8/14 | 9:00am-9:45am | Tufts Pool | Resident Child: \$2 Resident Adult: \$4 |

SENSORY FRIENDLY OPEN SKATE

Newly added to the LoConte Schedule is Sensory Friendly Public Skate. This schedulded time is dedicated to children, adults, and their familes to attend open skate at LoConte Rink in a less crowded setting. This time will take place in the daylight hours to reduce the number of lights turned on, and will have the music turned off. Please attend the rink during this time if someone in your household has difficulty with sensory stimulation overload such as loud noises, ceiling lights,

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|--------------------------------|-----|------|-----------|---------------|-----------------|-------------------------------------|
| Sensory Friendly Open Skate | All | Sun | 7/10-8/14 | 9:00am-9:45am | LoConte Rink | Resident: \$5 Non-Resident: \$10 |

Teen Events

BEACH PARTY

Kick off the summer with a beach party at Wright's Pond! Enjoy swimming, beach games and tournaments such as spikeball, volleyball, and cornhole. In addition, enjoy FREE icecream provided by C.B Scoops in West Medford Square. Pizza and refreshments will also be available to purchse at the Snack Shack. Registration and a teen membership is required for planning purposes.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--------------|-------|------|-------|---------------|---------------|--------------|
| Beach Party! | 13-18 | Fri | 6/10 | 5:30pm-8:00pm | Wright's Pond | Resident:\$5 |

PILATES & CRAFTING

Join Michaela from Reimagym on Salem Street for this teen pilates class at the Condon Shell. Prior to the fitness class, join Medford Recreation to design headbands to workout with. Registration and teen membership is required for planning purposes.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|-----------------------|-------|------|-------|---------------|--------------|---------------|
| Pilates & Crafting | 13-18 | Fri | 7/15 | 5:30pm-7:00pm | Condon Shell | Resident: \$5 |

SOFTBALL & MOVIE NIGHT

Join Medford Recreation from 6:30pm-8:00pm at Tufts Park for a friendly softball game. Following softball, we will host a movie night in the park, featuring A League of their Own. Water, pizza, and popcorn will be available for puchase during the movie. Registration and teen membership is required for planning purposes.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------------------|-------|------|-------|----------------|------------|---------------|
| Softball & Movie Night | 13-18 | Fri | 8/12 | 6:30pm-10:00pm | Tufts Park | Resident: \$5 |

Teen Events

YOGA & CRAFTING

Join Danielle Liberatory at 5:30pm for yoga class. After yoga, we will be making bath bombs. Registration and teen membership is required for planning purposes.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--------------------|-------|------|-------|---------------|--------------|---------------|
| Yoga & Crafting | 13-18 | Fri | 9/16 | 5:30pm-7:00pm | Condon Shell | Resident: \$5 |

TEEN SKATE

LoConte Rink will be open for FREE public skating for Medford teenagers. Ice rentals will be available. Please show school ID when entering the rink.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|------------|-------|------|-----------|---------------|--------------|----------------|
| Teen Skate | 13-18 | Mon | 4/11-5/23 | 3:00pm-5:00pm | LoConte Rink | Resident: FREE |
| Teen Skate | 13-18 | Wed | 4/13-5/25 | 3:00pm-5:00pm | LoConte Rink | Resident: FREE |
| Teen Skate | 13-18 | Sun | 7/10-8/28 | 2:00pm-4:00pm | LoConte Rink | Resident: FREE |

ADULT KICKBALL LEAGUE

Medford Recreation is offering an adult kickball league this spring. Games will be played on Sunday nights at 6:00pm at Carr Park. Cost is \$125 per team (minimum of 8 and max of 12 players) which includes team t-shirts. For more information, please contact John Curley at jcurley@medford-ma.gov



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--------------------------|-----|------|-----------|----------------|-----------|----------------|
| Adult Kickball League | 18+ | Sun | 4/24-7/17 | 6:00pm-10:00pm | Carr Park | \$125 per team |

MEDFORD MEN'S SOFTBALL

Medford Men's Softball League is a USA/ASA slow pitch softball league established in 1968. This year, the Medford Recreation Department has agreed to accept transitioning the softball league for the 2022 season, with the eventual goal of full management of the program. Registration can be completed as a team or individual (we will assign you to a team). Games are traditionally played on Monday-Thursday nights between 8:00pm-11:00pm at Tufts Park. For more information or to register, please contact John Curley at jcurley@medford-ma.gov



PICKLEBALL

Play one of the fastest growing sports in America! This fun and social sport is quickly growing popularity and is a great way for adults to stay active. If you have never seen pickleball before, the best way to describe the game is a cross between tennis and ping pong.

The tennis courts at Dugger Park are lined with five pickleball courts for play. An additional

two pickleball courts lined at Victory Park that can be used if you have your own net. New players are welcome and many of our veteran players will help teach you the game. Pickleball volunteers will set up and break down the pickleball nets during the time of play. If you would like to help volunteer, please contact Kevin Bailey at kbailey@medford-ma.gov



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|------------------------|-----|----------|----------|----------------|-------------|--------------------------------------|
| Pickleball (Summer) | All | Tu & Th | 4/19-9/1 | 8:30am-11:00am | Dugger Park | Resident: Free Non-Resident: Free |
| Pickleball (Summer) | All | Saturday | 4/23-9/3 | 8:30am-11:00am | Dugger Park | Resident: Free Non-Resident: Free |

PICKLEBALL FAST TRACK

This class is for players who have already taken the Pickleball 101 class or have already been playing.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--------------------------|------|----------------|-----------|---------------|-------------|--------------------------------------|
| Pickleball Fast Track | 18 + | Tu (4 classes) | 7/26-8/16 | 5:00pm-6:00pm | Dugger Park | Resident: \$40 Non Resident: \$48 |

PICKLEBALL 101

This class is for anyone new to pickleball and would like to learn the basics of the game. Coach Eric Kevorkian will help guide you through pickleball and get you ready to play with others. All equipment will be provided

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|----------------|------|------|-------|---------------|-------------|--------------------------------------|
| Pickleball 101 | 18 + | Tu | 7/12 | 5:00pm-6:00pm | Dugger Park | Resident: \$10 Non Resident: \$12 |
| Pickleball 101 | 18+ | Tu | 7/19 | 5:00pm-6:00pm | Dugger Park | Resident: \$10 Non Resident: \$12 |
| Pickleball 101 | 18+ | Tu | 8/23 | 5:00pm-6:00pm | Dugger Park | Resident: \$10 Non Resident: \$12 |

PICKLEBALL PRIVATE LESSONS

Coach Eric Kevorkian offers private lessons at Victory Park with the Recreation Department. Visit our website at MedfordRecreation.org and fill out a private lesson request form. Once you and Eric schedule the lesson, you can register for the lesson online or over the phone (781) 393-2486.

ARCHERY

Sign up for archery classes and experience the exhilirating feeling of shooting a bow and arrow! Our passionate and energetic instructors modernize this timeless Olympic sport and give it a fresh and enthusiastic twist to keep you challenged and engaged throughout the entire course. Each week learn something new while focusing on the form more than results. All equipment is provided. All skill levels welcome. Lessons provided by "On the Mark" Archery.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|-----------------------|-----|--------------------|----------|---------------|----------|--|
| Archery for Adults | 18+ | Wed (4 classes) | 7/6-7/27 | 6:30pm-7:15pm | Rec Ctr | Resident: \$140 Non Resident: \$160 |
| Archery for Adults | 18+ | Wed (4 classes) | 8/3-8/24 | 6:30pm-7:15pm | Rec Ctr | Resident: \$140 Non Resident: \$160 |

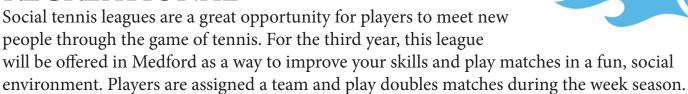
ADULT TENNIS LESSONS WITH MEDFORD REC

Whether you have never played tennis before or are a beginner player looking to improve, this program will offer instruction that is fun and social. We use a learn to play format so you can be ready to serve, rally and score at the end of the season.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--|------|--------------------|-----------|---------------|-------------|---------------------------------------|
| Tennis League- Beginner (Summer) | 18 + | Tue (8 classes) | 7/12-8/23 | 6:00pm-7:00pm | Dugger Park | Resident: \$84 Non Resident: \$105 |

USTA SOCIAL TENNIS LEAGUE-RECREATIONAL



Spring Registration: https://playtennis.usta.com/NESocialTennisLeague/Coaching/Course/1433d61d-6cc5-4fa8-ac1a-71a76f22bcbc

Summer Registration: https://playtennis.usta.com/NESocialTennisLeague/Coaching/Course/7e278bb5-ae19-421e-b539-53584479369f

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|--|------|------|----------|---------------|----------------|--------------------------------------|
| Tennis League- Recreational (Spring) | 18 + | Tue | 5/3-6/14 | 6:00pm-7:30pm | Playstead Park | Resident: \$70 Non Resident: \$70 |
| Tennis League- Recreational (Summer) | 18 + | Tue | 6/28-8/9 | 6:00pm-8:00pm | Playstead Park | Resident: \$70 Non Resident: \$70 |

Summer Half Day Sport Clinics

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------------------|-------|------|-----------|----------------|------------------------------|--|
| Flag Football | 7-14 | M-TH | 6/27-6/30 | 9:00am-12:00pm | Hormel | Resident: \$60 Non-Resident: \$80 |
| Girls Lacrosse | 8-13 | M-TH | 6/27-6/30 | 9:00am-12:00pm | Edgerly Field | Resident: \$60 Non-Resident: \$80 |
| Basketball | 8-13 | T-TH | 7/5-7/7 | 9:00am-12:00pm | Tufts Park | Resident: \$45 Non-Resident: \$60 |
| Street Hockey (no skates) | 10-14 | M-TH | 7/11-7/14 | 9:00am-12:00pm | Hormel Street Hockey Rink | Resident: \$60 Non-Resident: \$80 |
| Parkour | 7-13 | M-F | 7/11-7/15 | 9:00am-12:00pm | Tufts Park | Resident: \$170 Non-Resident: \$200 |
| Soccer | 6-10 | M-F | 7/18-7/22 | 9:00am-12:00pm | Tufts Park | Resident: \$150 Non-Resident: \$175 |
| Girls Lacrosse | 8-13 | M-TH | 7/25-7/28 | 9:00am-12:00pm | Hormel Stadium | Resident: \$60 Non-Resident: \$80 |
| Parkour | 7-13 | M-F | 7/25-7/29 | 9:00am-12:00pm | Tufts Park | Resident: \$170 Non-Resident: \$200 |
| Boys Lacrosse | 8-13 | M-TH | 8/1-8/4 | 9:00am-12:00pm | Tufts Park | Resident: \$60 Non-Resident: \$80 |
| Parkour | 7-13 | M-F | 8/15-8/19 | 9:00am-12:00pm | Tufts Park | Resident: \$170 Non-Resident: \$200 |
| Swimming | 8-13 | M-TH | 8/15-8/18 | 9:00am-12:00pm | Tufts Pool | Resident: \$60 Non-Resident: \$80 |
| Soccer | 6-10 | M-F | 8/15-8/19 | 9:00am-12:00pm | Tufts Park | Resident: \$150 Non-Resident: \$175 |
| Parkour | 7-13 | M-F | 8/22-8/26 | 9:00am-12:00pm | Tufts Park | Resident: \$170 Non-Resident: \$200 |
| Girls Lacrosse | 8-13 | M-TH | 8/22-8/25 | 9:00am-12:00pm | Hormel Stadium | Resident: \$60 Non-Resident: \$80 |

BOSTON GLORY ULTIMATE CLINICS



Ultimate Frisbee is a rapidly growing sport in which teams score by completing a pass in their opponents' endzone. Incomplete passes or interceptions result in a reversal of play with the defense going on offense and vice versa. The game is known for its "spirit" which emphasizes fair play and good sportsmanship.

BOSTON GLORY

Boston Glory is one of 25 professional ultimate teams playing in the American Ultimate Disc League. Glory plays its home games at Hormel Stadium in Medford, and is pleased to be offering two weeks of summer clinics at Hormel in 2022.

PROGRAM

The clinics will be run by experienced ultimate players and will include visits by members of Glory. The program will include skill development and games in an environment intended most of all to be fun. The first clinic runs from 7/17-7/22 and will include an invitation to the 7/23 Glory game. The second clinic runs from 8/8-8/12 and will include an invitation to a potential home playoff game at the end of that week. Participants will receive a Glory disc and t-shirt. A minimum of 10 participants is required.



Email info@bostonglory.com

Starting May 9 for Medford residents, May 12 for non-residents



City Nature Challenge

Invented by citizen science staff at the Natural History Museum of Los Angeles County (Lila Higgins) and California Academy of Sciences (Alison Young). The City Nature Challenge is an international effort for people to find and document plants and wildlife in cities across the globe. It's a bioblitz-style competition where cities are in a contest against each other to see who can make the most observations of nature, who can find the most species, and who can engage the most people.



The City Nature Challenge can be done on your own. Simply download the app below and begin submitting observations between April 29th and May 2nd! If you prefer to be with other people, please take advantage of the following free nature walks using the iNaturalist App...

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|-------------------------------|-----|------|-------|---------------|---------------|------------------------------------|
| City Nature Challenge Hike | All | Fri | 4/29 | 3:00pm-4:00pm | Wright's Pond | Free but pre-registration required |
| City Nature Challenge Hike | All | Mon | 5/2 | 3:30pm-4:30pm | Wright's Pond | Free but pre-registration required |



CREATE YOUR OWN iNATURALIST ACCOUNT

- 1. Visit iNaturalist.org
- 2. Download the app from the AppStore or Google Play
- 3. Sign In
- 4. Start sharing your observations
- 5. Get feedback from actual scientists, experts, and other naturalists

Summer Park Program

The Recreation Department is proud to offer a new Park Program! Located at Tufts Park, this Summer Program will run Monday-Friday from 8:30am-4:30pm for children ages 5-10. Preregistration will be required. Spend the day swimming, playing games in the park, and creating crafts. Below is a sample outline of the day but will be altered depending on the groups interests and weather conditions.

Schedule Example

8:30am-9:00am Check In / Group Meeting **Swim Lessons** 9:00am-10:00am Snack / Water Break / Sunblock 10:00am-10:30am 10:30am-11:30am Field Games 11:30am-12:00pm **Arts & Crafts** 12:00pm-1:00pm Lunch / Sunblock / Board Games 1:00pm-2:00pm Special Activity 2:00pm-3:00pm Open Swim / Field Games 3:00pm-3:30pm Snack / Water Break / Sunblock 3:30pm-4:00pm **Court Games** 4:00pm-4:30pm Clean Up / Pick Up



| ACTIVITY | AGES | DAYS | DATES | TIMES | LOCATION | FEES |
|----------|------|------|-----------|---------------|------------|-----------------|
| Week 1 | 5-10 | M-F | 7/5-7/8 | 8:30am-4:30pm | Tufts Park | Resident: \$200 |
| Week 2 | 5-10 | M-F | 7/11-7/15 | 8:30am-4:30pm | Tufts Park | Resident: \$200 |
| Week 3 | 5-10 | M-F | 7/18-7/22 | 8:30am-4:30pm | Tufts Park | Resident: \$200 |
| Week 4 | 5-10 | M-F | 7/25-7/29 | 8:30am-4:30pm | Tufts Park | Resident: \$200 |
| Week 5 | 5-10 | M-F | 8/1-8/5 | 8:30am-4:30pm | Tufts Park | Resident: \$200 |
| Week 6 | 5-10 | M-F | 8/8-8/12 | 8:30am-4:30pm | Tufts Park | Resident: \$200 |

Summer Park Program

FREE PARK PROGRAM

Medford Recreation offers a FREE Summer Park Program at a variety of parks throughout the city. This half day program is packed with sports, crafts, and activities to help keep children engaged and active. This program is free but registration is required to ensure there is an appropriate staff to participant ratio. If you register for the program but can no longer attend, please let the Recreation Department know so we can move participants off the waitlist. If you need an accommodation, please contact Kate Quinn at kquinn@medford-ma.gov. Registration will open each Monday for the following week.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION |
|------------------------|------|------|-------|----------------|------------|
| Frisbee / Crafts | 5-14 | Т | 7/5 | 9:00am-12:00pm | Hormel |
| Kickball / Crafts | 5-14 | W | 7/6 | 9:00am-12:00pm | Tufts Park |
| Hockey / Crafts | 5-14 | TH | 7/7 | 9:00am-12:00pm | Carr Park |
| Track / Crafts | 5-14 | Т | 7/12 | 9:00am-12:00pm | Hormel |
| Wiffleball / Crafts | 5-14 | W | 7/13 | 9:00am-12:00pm | Tufts Park |
| Football/ Crafts | 5-14 | TH | 7/14 | 9:00am-12:00pm | Carr Park |
| Soccer / Crafts | 5-14 | Т | 7/19 | 9:00am-12:00pm | Hormel |
| Soccer / Crafts | 5-14 | W | 7/20 | 9:00am-12:00pm | Tufts Park |
| Basketball / Crafts | 5-14 | TH | 7/21 | 9:00am-12:00pm | Carr Park |
| Track / Crafts | 5-14 | Т | 7/26 | 9:00am-12:00pm | Hormel |
| Kickball / Crafts | 5-14 | W | 7/27 | 9:00am-12:00pm | Tufts Park |
| Street Hockey / Crafts | 5-14 | TH | 7/28 | 9:00am-12:00pm | Carr Park |
| Wiffleball / Crafts | 5-14 | Т | 8/2 | 9:00am-12:00pm | Hormel |
| Flag Football / Crafts | 5-14 | W | 8/3 | 9:00am-12:00pm | Tufts Park |
| Soccer/ Crafts | 5-14 | TH | 8/4 | 9:00am-12:00pm | Carr Park |
| Kickball / Crafts | 5-14 | Т | 8/9 | 9:00am-12:00pm | Hormel |
| Soccer / Crafts | 5-14 | W | 8/10 | 9:00am-12:00pm | Tufts Park |
| Wiffleball / Crafts | 5-14 | TH | 8/11 | 9:00am-12:00pm | Carr Park |
| Frisbee / Crafts | 5-14 | Т | 8/16 | 9:00am-12:00pm | Hormel |
| Basketball / Crafts | 5-14 | W | 8/17 | 9:00am-12:00pm | Tufts Park |
| Flag Football / Crafts | 5-14 | TH | 8/18 | 9:00am-12:00pm | Carr Park |

Tufts Pool

Purchase your Tufts Pool Membership online beginning May 2nd. Memberships can also be purchsed at the Main Desk when the pool is open for the season or during the dates and times below.

June 12th 10:00am-2:00pm June 19th 12:00pm-4:00pm June 22nd 6:00pm-8:00pm



MEMBERSHIPS:

Resident:Non-Resident:Individual: \$30Individual: \$60Family: \$80Family: \$135



TUFTS POOL DAILY PASSES:

Resident Adult: \$4 Non-Resident Adult: \$8

Resident Child/Senior: \$2 Non-Resident Child/Senior: \$4

A detailed pool schedule can be found on the Recreation Website, under the Tufts Pool page.

Wright's Pond

Purchase your Wright's Pond Membership early this Spring! Memberships will be on sale online beginning May 2nd. Passes will be sold in-person at the Snack Shack when open for the season.



WRIGHT'S POND MEMBERSHIP (MEDFORD RESIDENTS ONLY) VEHICLE STICKER (per vehicle): \$50 (\$30 for vehicles with handicap placards and for seniors 62 and older)

WALK-IN PASS: \$20 (admits 1-3 people)

*Please note: For visitors using a vehicle sticker, only one car-load of visitors per day is allowed.

*Wright's Pond Renewal: If you purchased a walk in pass online in 2021, simply go to medfordrecreation.org and purchase a walk in pass for the 2022 season. Your keytags from 2021 will become reactivated. If you lost your keytag, we will give you new ones on your first visit.

Reminder: Wright's Pond passes are no longer mailed to your homes. Please pick up your vehicle sticker or walk in pass in the Snack Shack on your first visit to the pond.

Wright's Pond Passes

HOW TO PURCHASE A POND PASS

IN-PERSON:

Prior to opening, passes can be purchased in-person at Tufts Pool, located on 449 Main Street the following dates...

June 12th 10:00am-2:00pm June 19th 12:00pm-4:00pm

ONCE THE POND OPENS FOR THE SEASON ON JUNE 20, PASSES WILL BE SOLD ON SITE AT THE SNACK SHACK DURING OPERATIONAL HOURS.

ONLINE:

Visit MedfordRecreation.org to purchase a pass. If you do not have a login, please create a household account (please allow up to 48 hours for your account to be approved). Once your account has been created, you will recieve an email confirmation and can then purchase a pass. Please print out your reciept or save the email confirmation. On your first visit to the pond, show the front desk your reciept along with proof of residency. Recreation Staff members will issue you the vehicle pass or keytag. Please remember passes will not be mailed to your home.

PROOF OF RESIDENCY:

When purchasing a Wright's Pond Pass in-person, or when you pick up your vehicle sticker / keytag on your first visit, you will need to provide proof of residency. Please provide your drivers license or Massachusetts ID with a Medford address. If you have recenty moved to Medford, you may show a current utility bill that is in your name.

FINANCIAL AID:

Financial Aid is available for families with children who would like to purchase a Wright's Pond or Tufts Pool passes from the Medford Family Network. For more information, please contact Marie Cassidy at (781) 393-2106 or mcassidy@medford.k12.ma.us

Tufts Pool Swim Lessons

SWIM LESSONS AT TUFTS OUTDOOR POOL

AGES 5-13 | \$35 MEDFORD RESIDENTS ONLY

During the summer, swim lessons are available weekdays at Tufts Outdoor Pool at Tufts Park. Swim levels are divided into three groups: beginners, intermediate, and advanced. Sign your child up for the level you think is most appropriate and at the first lesson, our instructors will evaluate the children and put them into the appropriate level.

LEVEL DESCRIPTIONS

BEGINNERS- This class is for children who are fearful of the water or have no experience. In this class, your child will learn how to put thier face in the water, kick on their front, and float.

INTERMEDIATE- In this class, your child should be comfortable being in the pool and can put thier face in the water. They should be able to float on their back independently and kick on their front without instructor support but with a flotation aid.

ADVANCED- Your child should be able to swim about 15 yards (width of the Main Pool) on their front independently and without a flotation aid.

| SWIM LEVEL | TIME | TIME | |
|--------------|-----------------|-----------------|--|
| Beginners | 10:00am-10:45am | 11:00am-11:45pm | |
| Intermediate | 10:00am-10:45am | 11:00am-11:45pm | |
| Advanced | 10:00am-10:45am | 11:00am-11:45pm | |

SESSION I JULY 5th -JULY 15th (MON-FRI)

SESSION II JULY 18th - JULY 29th (MON-FRI)

SESSION III AUGUST 1ST -AUGUST 12th (MON-FRI)

MEDFORD MINNOWS SWIM TEAM

Medford High Swim Team Varsity Coach, Mary Judge will be coaching this Summer's Recreational Swim Team. Children ages 7-17 will practice two days per week, gradually building up thier endurance and yardage. In addition, Mary will be working to improve thier stroke technique and build their confidence to join swim team this fall. Children must know front crawl, backstroke, and breaststroke in order to join the swim team and swim a minimum of four lenghts of the pool continuously. Make ups and refunds will not be given due to weather.

Movie Nights & Riverside Plaza

FREE OUTDOOR MOVIE NIGHTS

Spend your Friday nights wth your family and community at our outdoor movie night series. All movies will begin at sun down (approximated time listed below). Come to the event one hour earlier as the Rec Department will have music and lawn games set up in the field, along with free popcorn. Please bring a blanket, drinks, and bug spray.



| MOVIE | DAY | DATES | EVENT TIME | SHOW TIME | LOCATION |
|-----------------|-----|-------|------------|-----------|--------------|
| Field of Dreams | Fri | 6/17 | 7:30pm | 8:30pm | Tufts Park |
| Space Jam | Fri | 7/15 | 7:30pm | 8:30pm | Condon Shell |
| Hook | Fri | 8/19 | 7:00pm | 8:00pm | Wrights Pond |

RIVERSIDE PLAZA CONCERT

Back by popular demand, Rizerside Plaza Concert returns this spring! Enjoy live music at the concerts while eating take out from one of the many great restaurants in Medford Square. Medford Brewing Company will also have a beer garden on site.



| PERFORMER | DAY | DATES | TIME | LOCATION |
|-----------------------------------|-----|-------|----------------|-----------------|
| Matt Heaton & Electric Heaters | Fri | 6/24 | 8:30pm-10:00pm | Riverside Plaza |

M3 Outdoor Adventures Medford Recreation Medford Procedure Control Medford Recreation Presents:

FLOAT YOUR BOAT at the 2022



Sunday, June 12 10:00am- 1:00pm

Location Wrights Pond

Medford, Ma

To Register a Boat:

www.MedfordRecreation.org



Music Concessions **Beach Games**

FREE Admission for **SPECTATORS**







Tufts Park

SUNDAY August 7[™]

1:00pm Registration required

www.MedfordRecreation.org MEDFORD RESIDENTS ONLY

PRIZES GAMES & MORE

Be sure to wear your favorite COSTUME!



Events

CARDBOARD CANOE RACE

The Cardboard Canoe Race at Wright's Pond is returning again this summer! Sponsored by M3 Outdoors and Medford Recreation, we invite you to float your boat at the 2022 Conoe Race!



| EVENT | DAY | DATES | TIME | LOCATION |
|----------------------|-----|-------|----------------|---------------|
| Cardboard Canoe Race | Sun | 6/12 | 10:00am-1:00pm | Wright's Pond |

CIRCLE THE SQUARE

Sponsored by CACHE, this event brings music, art, food trucks, activities and other free entertainment to Medford Square. Events will be held in public spaces in and around Medford Square, and features an array of family-freindly activities.

| EVENT | DAY | DATES | TIME | LOCATION |
|-------------------|-----|-------|---------------|----------------|
| Circle the Square | Sat | 6/18 | 3:00pm-7:00pm | Medford Square |

CLIPPERSHIP DAY

The Medford Chamber of Commerce is hosting its second Clippership Day since 2017 in Medford Square. This event will feature food, ice cream, beer and wine garden, historical tours, face painting, music, and DJ.



| EVENT | DAY | DATES | TIME | LOCATION |
|-----------------|-----|-------|---------------|----------------|
| Clippership Day | Sat | 7/16 | 4:00pm-8:00pm | Medford Square |

SUPERHERO SUNDAE

Medford Recreation and Colleens Ice Cream and Sandwich Shop invites the Medford Community to Superhero Sundae! Wear your favorite costume and enjoy fun games and crafts at Tufts Park. We may even have a super hero make an appearance at this event!



| EVENT | DAY | DATES | TIME | LOCATION |
|------------------|-----|-------|---------------|------------|
| Superhero Sundae | Sun | 8/7 | 1:00pm-3:00pm | Tufts Park |

Bocce Courts

The City of Medford has built two bocce courts located on 121 Riverside Ave, behind the Medford Housing Authority. Thanks to Community Preservation funding, these courts were completed last October. For more information or to reserve court time, please contact the Recreation Department at medfordrecreation@medford-ma.gov or (781) 393-2486

COMMUNITY BOCCE TIME

Do you want to play Bocce but need a partner? Come to the bocce courts the following times below to meet new people and play a pick up game of bocce. Equipment will be provided.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|---------------|-----|------|----------|---------------|--------------|--------------------------------------|
| Pick up Bocce | All | W | 7/6-8/24 | 6:00pm-8:00pm | Bocce Courts | Resident: Free Non Resident: Free |



Condon Shell

The Condon Shell is located on 2501 Mystic Valley Parkway. It is owned by the Department of Conservation and Recreation (DCR) but is maintained and managed by The City of Medford. There are events happening all the time at the Shell. To view the calendar, please visit MedfordRecreation.org and click on the calendar icon on the home page. If you would like to host an activity or event at the Shell, please contact the Recreation Department for a permit.



FARMERS MARKET

THURSDAYS | JUNE 9^{TH} - OCTOBER 13^{TH} 3:00PM - 7:00PM

The Medford Farmers Market brings farmers, crafters, and other food producers to Medford. Each market includes live music and activities for all ages. For weekly updates, got to www. medfordfarmersmarket.org and facebook.com/medfordfarmersmarket

SUMMER CONCERTS

| PERFORMER | DAYS | DATES | TIMES | LOCATION |
|-----------------------------------|------|-------|---------------|--------------|
| The MastaDoni Project | TH | 7/14 | 6:30pm-8:00pm | Condon Shell |
| Tim Gearan Band | TH | 8/11 | 6:30pm-8:00pm | Condon Shell |
| Danielle M & The Glory Junkies | TH | 9/1 | 6:30pm-8:00pm | Condon Shell |

LoConte Rink

STICK & PUCK

Stick & Puck is a scheduled time when the rink is open for free play and hockey sticks and pucks are allowed on the ice. Everyone must wear protective equipment including a helment, mouth guard, and gloves. Checking and hands on contact will not be permitted. Goalies can attend Stick and Puck for free.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|-----------------------|-------|---------|-----------|---------------|--------------|--------------------------------------|
| Child Stick & Puck | 8-12 | Tu & Th | 4/12-5/26 | 5:00pm-6:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Teen Stick & Puck | 13-18 | Tu & Th | 4/12-5/26 | 6:00pm-7:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Adult Stick & Puck | 18+ | Tu & Th | 4/12-5/26 | 7:00pm-8:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Child Stick & Puck | 8-12 | Sun | 4/10-5/22 | 4:00pm-5:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Teen Stick & Puck | 13-18 | Sun | 4/10-5/22 | 5:00pm-6:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Adult Stick & Puck | 18+ | Sun | 4/10-5/22 | 6:00pm-7:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Child Stick & Puck | 8-12 | Tu & Th | 7/5-8/30 | 5:00pm-6:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Teen Stick & Puck | 13-18 | Tu & Th | 7/5-8/30 | 6:00pm-7:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Adult Stick & Puck | 18+ | Tu & Th | 7/5-8/30 | 7:00pm-8:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Teen Stick & Puck | 13-18 | Fri | 7/8-8/26 | 3:00pm-4:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Child Stick & Puck | 8-12 | Fri | 7/8-8/26 | 4:00pm-5:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Child Stick & Puck | 8-12 | Sun | 7/10-8/28 | 4:00pm-5:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Teen Stick & Puck | 13-18 | Sun | 7/10-8/28 | 5:00pm-6:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |
| Adult Stick & Puck | 18+ | Sun | 7/10-8/28 | 6:00pm-7:00pm | LoConte Rink | Resident: \$10 Non Resident: \$12 |

LoConte Rink

OPEN SKATING

LoConte Rink will be open for Recreational public skating. During the summer months, public skating will have an admission fee to offset the cost of operating the rink.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | DROP IN FEES |
|--------------|-----|---------|------------|-----------------|--------------|------------------------------------|
| Open Skating | All | Tu & Th | 4/12-5/26 | 3:00pm-5:00pm | LoConte Rink | Resident: \$5 Non Resident: \$8 |
| Open Skating | All | Wed | 4/13-5/25 | 10:00am-12:00pm | LoConte Rink | Resident: \$5 Non Resident: \$8 |
| Open Skating | All | Sun | 4/10-5/22 | 2:00pm-4:00pm | LoConte Rink | Resident: \$5 Non Resident: \$8 |
| Open Skating | All | M & W | 7/11- 8/29 | 5:00pm-7:00pm | LoConte Rink | Resident: \$5 Non Resident: \$8 |
| Open Skating | All | Sun | 7/17-8/28 | 11:30am-1:30pm | LoConte Rink | Resident: \$5 Non Resident: \$8 |

TEEN SKATE

LoConte Rink will be open for FREE public skating for Medford teenagers. Ice rentals will be available.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|------------|-------|------|-----------|---------------|--------------|----------------|
| Teen Skate | 13-18 | Mon | 4/11-5/23 | 3:00pm-5:00pm | LoConte Rink | Resident: FREE |
| Teen Skate | 13-18 | Wed | 4/13-5/25 | 3:00pm-4:00pm | LoConte Rink | Resident: FREE |
| Teen Skate | 13-18 | Sun | 7/10-8/28 | 2:00pm-4:00pm | LoConte Rink | Resident: FREE |

LoConte Rink

PAINT THE ICE

Bring the family and your creativity for Paint the Ice! Families will recieve a box of paint at the event to paint the ice with any artwork you desire. Be sure to take pictures of your artwork. At the end of the event, the paint will be cleaned by the Zamboni. No skating experience is necessary.

| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|---------------|-----|------|-------|----------------|--------------|--|
| Paint the Ice | All | Sun | 7/10 | 12:00pm-2:00pm | LoConte Rink | Resident Adult: \$5 Resident Child: \$3 |

BIRTHDAY PARTIES

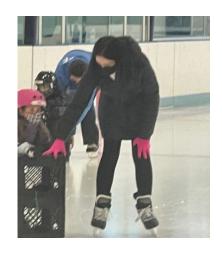
Celebrate your birthday at LoConte Rink! Two hour long party rentals are available during the summer. Cost is \$250 and includes one and a half hour of ice time and 30 minutes in the lobby for food, cake, icecream, etc.. To book your party, or for more information, please contact John Curley at jcurley@medford-ma.gov



LITTLE SKATERS

In this new Recreation program, Kate Quinn will be teaching your child how to ice skate. Each week, we will have fun activities and games to help get your child become comfortable on the ice in a fun atmosphere.

All children must wear a helmet and provide their own ice skate. A parent/guardian is welcome to be on the ice with their child but must be wearing ice skates.



| ACTIVITY | AGE | DAYS | DATES | TIMES | LOCATION | FEES |
|----------------|-----|------|-----------|---------------|--------------|--|
| Little Skaters | 3-6 | Wed | 7/13-8/10 | 2:00pm-2:45pm | LoConte Rink | Resident: \$100 Non-Resident: \$120 |

Recreation Operated Facilities

BOCCE COURTS 121 RIVERSIDE AVE

The City of Medford and Medford Housing Authority built two new bocce courts on 121 Riverside Ave, behind the building. Individuals can use the bocce courts when desired but are asked to limit to a maximum of four hours per day. Permits are also available through the Recreation Department to reserve your spot. You can view the facility calendar on the Recreation website (medfordrecreation.org) and click on the calendar icon on the Main Page.



CONDON SHELL

2501 MYSTIC VALLEY PARKWAY

The Condon Shell is located on 2501 Mystic Valley Parkway. It is owned by the Department of Conservation and Recreation (DCR) but is maintained and managed by The City of Medford. Events are happening all the time

at the Shell. To view the Calendar, please visit MedfordRecreation.org and click on the calender icon on the home page. If you would like to host an activity or event at the shell, please contact the Recreation Department for a permit.



MEDFORD RECREATION CENTER 30 FOREST STREET

This facility is where the Main Office is located for the Recreation Department. Programs are scheduled throughout the year in the gym and classrooms. The facility is also home to the YMCA Afterschool and Summer Program.



HORMEL STADIUM 90 LOCUST STREET

Hormel Stadium has been reassigned to be managed by the Recreation Department. The Track is open to the public from dawn to dusk each day for walking and running (please no bikes, scooters, etc..).



Recreation Operated Facilities

LOCONTE ICE RINK 97 LOCUST STREET

LoConte Rink has been reassigned to be managed by the Recreation Department. Please visit our website to view the public calendar including public skate hours. If you would like to reserve the rink for a birthday party, please email MedfordRecreation@medford-ma.gov



TUFTS POOL 449 MAIN STREET

Tufts Pool is open from mid-June to the end of August. The main pool is a seven lane, 25 meter pool with a small deep end section. The facility also has a 2 inch wading pool for young children. Family and Individual Memberships are available, along with daily passes.



WRIGHT'S POND 140 ELM STREET

Wright's Pond is located in North Medford. The Pond is open for swimming mid-June to the end of August. Passes are available to Medford Residents only.



CITY PARKS

All City Parks are maintained by the Parks Department. Recreation issues permits that are approved by the Parks Commission. If you would like to get a field permit, please fill out an application on the Parks Division Page on the City's website. The Parks Commission meets on the third Tuesday of each month with the exception of December & January.

